THE PSYCHOLOGY OF EVALUATION

Affective Processes in Cognition and Emotion

Edited by

Karl Christoph Klauer Jochen Musch

University of Bonn

图

Mahwah, New Jersey LAWRENCE ERLBAUM ASSOCIATES, PUBLISHERS London

> of Processing Fluency: The Hedonic Marking Implications for Evaluative Judgment

Piotr Winkielman University of Denver

University of Michigan Norbert Schwarz

Tedra A. Fazendeiro University of Denver

Rolf Reber University of Berne

anisms that draw on different sources of information, ranging from attrivalence, it is not surprising that people's evaluative toolbox includes mechchological research echoes these observations and increasingly adds to the information is the fluency with which information about the target can be nal experiences. In this chapter, we propose that one source of relevant butes of the target of judgment to the person's own feelings and phenome-Given the importance and variety of situations that call for an assessment of image of the social perceiver as the evaluating human—homo evaluaticus. them about trivial issues, and about issues of substantial consequences. Psy-We make these judgments often, we make them throughout life, we make what is valuable and what is worthless, what to pursue and what to abandon. what is hospitable and what is hostile, what to approach and what to avoid, Each organism faces a variety of evaluative tasks. We need to distinguish

comments. Preparation of this chapter was supported by a fellowship from the Center for Ad-Bruce Whittlesea, and the University of Denver Cognitive Research Group for discussion and vanced Study in the Behavioral Sciences to Norbert Schwarz. *We thank John Cacioppo, Jerry Clore, Paula Niedenthal, Andrzej Nowak, Randy O'Reilly,

phone: (303) 871-3638; fax: (303) 871-4747. University of Denver, 2155 S. Race St., Denver, CO 80208, U.S.A.; e-mail: pwinkiel@du.edu; Correspondence should be addressed to: Piotr Winkielman, Department of Psychology,

processed. We further propose that high fluency is associated with positive affect and results in more favorable evaluations.

We first consider the range of evaluative mechanisms and locate our proposal in that context. Next, we elaborate on the concept of fluency and discuss possible reasons for the link between fluency and affective reactions. Subsequently, we present empirical evidence consistent with our proposal. Finally, we discuss boundary conditions of the fluency-affect link.

DECLARATIVE AND EXPERIENTIAL BASES OF JUDGMENT

To form evaluative judgments, people can draw on a range of different processes. These processes vary in complexity and automaticity and use different sources of information as their primary input. In a nutshell, we can distinguish between evaluative judgments that are primarily based on declarative information, such as features of the target, and evaluative judgments that are primarily based on experiential information, such as the person's feelings or phenomenal experiences. Moreover, declarative as well as experiential information may be integral as well as incidental to the target of judgment, as will become apparent further on in this chapter.

content can be recalled. For example, we may conclude that the target does or our mood at the time of judgment (e.g., Bower, 1981) can render some asincidental to the target. Thus, preceding events (e.g., Schwarz & Bless, 1992) of the target we attend to, or recall from memory, may be a function of the in the theory of information integration (Anderson, 1981). Which features arrive at an overall judgment. This process has been prototypically described tures of the target, assess their evaluative implications and integrate them to information about the target. According to these models, we attend to feaamples to mind (for a review see Schwarz, 1998). not have many positive features when we find it difficult to bring relevant exfied by experiential information, like the ease or difficulty with which some gins, 1996). Finally, inferences about the features of the target may be qualiby the rich literature on knowledge accessibility effects (for a review see Higences can determine how ambiguous features are interpreted, as illustrated pects of the target more accessible than others. Moreover, incidental influtarget itself (i.e., integral to the target) or may depend on influences that are Traditionally, models of evaluative judgment have focused on declarative

Alternatively, evaluative judgments may be primarily based on experiential information, at the expense of declarative information about the target (for a review see Schwarz & Clore, 1996). It is useful to distinguish between experiential information that is feature-based and nonfeature-based. Feature-based affective responses reflect the analysis of the evaluative implications of the stimulus attributes (e.g., Ortony, Clore, & Collins, 1988). Such

an analysis may range from sophisticated appraisals resulting in complex emotions (e.g., Frijda, 1988; Smith & Ellsworth, 1985) to the detection of rudimentary attributes resulting in a fairly undifferentiated response (Bargh, Chaiken, Raymond, & Hymes, 1996; LeDoux, 1996). Furthermore, the stimulus that elicits the affective response may be the target itself, in which case the response constitutes *integral affect* in Bodenhausen's (1993) terminology. Alternatively, the affective response may be "incidental" to the target and may have been elicited by a previously viewed movie, a compliment, or the valence of a priming word (see Schwarz & Clore, 1996).

cal variables that underlie affective states. For example, transient feelings ing itself. Specifically, we propose that individuals monitor the fluency with Strack, 1993) or facial expressions (e.g., Strack, Martin, & Stepper, 1988). can be influenced by changes in neurotransmitter levels (e.g., Berridge, features. This possibility is best documented for the role of various biologiulus can be processed with high rather than low fluency. action, in turn, contributes to a more positive evaluation when a given stimbe captured with psychophysiological measures, as reviewed later. This rewhich they can extract information from the presented stimulus. We furfective responses may also result from the dynamics of information processited to biological factors. The possibility explored in our chapter is that af-However, nonfeature-based influences on affective reactions are not lim-(e.g., Zajonc, Murphy, & Inglehart, 1989), body posture (e.g., Stepper & 1999), electrical brain activity (e.g., Davidson, 1993), brain temperature fluency elicits a positive affective reaction. In fact, this affective reaction can ther propose that the fluency signal is hedonically marked and that high On the other hand, some affective responses are not based on stimulus

only the dynamics of its processing. For example, exposure frequency, exactions are. Although some attributes of a stimulus, like figure-ground conof stimulus attributes in the same way that regular feature-based affective resuggests that organisms can have affective reactions to stimuli before fully gests that an organism can have affective reactions to stimuli that are neusome otherwise paradoxical phenomena. For example, this distinction sugtinction is also important because it contributes to an understanding of further in this chapter, highlights that it is useful to distinguish fluencyognition speed as well as evaluations. This work, discussed in more detail posure duration, or perceptual priming have been found to influence recnal, which itself leads to an affective response. Furthermore, this distinction based affective reactions from feature-based affective reactions. This dishanced through variables that do not affect the features of the stimulus, but the same positive influence is observed when fluency of processing is entrast or semantic predictability may themselves facilitate fluent processing extracting their attributes because the fluency signal may be generated and tral, simply because processing of any stimulus can generate a fluency sig-It is worth noting that fluency-based affective reactions are not a function

trigger an affective response at a very early stage of information processing, as discussed later.

some fluency-based affective reactions are also subject to misattribution ef man, Zajonc, & Schwarz, 1997). It is therefore not surprising that at least to be consciously experienced, which precludes their discounting (Winkielonly known exception to this rule are affective responses that are too subtle fects, as we shall see later on in this chapter. source unrelated to the target (e.g., Schwarz & Clore, 1983). At present, the Bless, Kübler, & Wänke, 1993) or are aware that our mood may be due to a come to mind due to a preceding priming episode; e.g., Strack, Schwarz, incidental nature (e.g., when we realize that some information may only would we feel like this, or think these thoughts, at this point? Accordingly, to mind, while we think about a target bears on the target—or why else We assume that any feelings we experience, or any information that comes clarative information reflects the operation of a tacit aboutness principle: Higgins (1998) suggested, the influence of incidental experiential or dereaction is not perceived as a response to the meaning of the stimulus. As the respective influence is typically eliminated when we become aware of its tions do not derive from stimulus features does not entail that the affective Note, however, that the assumption that fluency-based affective reac

\ Preview

In the remainder of this chapter we review our research into the role of processing fluency in evaluative judgment. We show that conditions that facilitate fluent processing result in more positive evaluations of the stimulus, as reflected in judgments as well as physiological responses. We provide a comprehensive review of this robust finding, which has been obtained across a range of different experimental procedures. What is less clear, however, is why processing fluency would have this effect? We propose that the fluency signal is hedonically marked and present empirical evidence in support of this conjecture. We also highlight that the impact of fluency on evaluative judgments reflects the operation of the "aboutness" principle in which participants, but discount them when they are aware of their incidental nature. The chapter concludes with a discussion of boundary conditions that shape the role of fluency in evaluative judgment.

MONITORING INTERNAL PROCESSING DYNAMICS

The Concept of Fluency

Stimulus processing is characterized by a variety of internal mental events that are nonspecific to the stimulus content. For example, mental representations carrying the same content may differ in the degree of activation

mon, Brody, & Kauff, 1983).1 sionally precede it, as we discuss below (Curran, 2000; Koriat, 2000; Seaquire the simultaneous availability of the stimulus content, and may occacess, or indirectly, in the form of a conscious experience of processing ease. other processing modules either directly, presumably via an automatic pronandez-Duque, Baird, & Posner, 2000). The signal can be available to the available to other processing modules, including the affect system (Fermura, 1994). Such a feedback mechanism can make the fluency signal nitive feedback mechanism (Mazzoni & Nelson, 1998; Metcalfe & Shimaency of processing can be read by the perceiver via some internal metacog-Kelley, & Dywan, 1989; Schwarz, 1998). It is generally assumed that the fluthem under a general term of fluency (for reviews see Clore, 1992; Jacoby, differences between these various parameters, it is useful to encompass It is also interesting that the availability of the fluency signal may not re-(Jacoby, 1983) or effort (Schwarz, 1998). Although there are substantial (Mandler, 1980), and processing of the same content may differ in speed

judgments via automatic processes, subjective fluency may enter judgments judgments than subjective fluency. Whereas objective fluency may enter subjective fluency may even go in opposite directions, as in cases where alof processing ease, low effort, high speed, and so on. One consequence of versely, we use the term subjective fluency, to refer to a conscious experience reflected in conscious experience. We use the term objective fluency to refer subjective fluency. Finally, objective fluency may function differently in cohol slows down the actual processing, yet creates a strong experience of ence of processing ease. Furthermore, it is possible that objective and tal process may have a high objective fluency, but it may not elicit an experiated under some conditions. For example, a well-practiced, automatic menthis distinction is that objective and subjective fluency may become dissociily assuming that these processes are reflected on a subjective level. Conhigh accuracy, or other indicators of efficient processing, without necessarto a mental process characterized by high speed, low resource demands, via theory-driven interpretations of its source, meaning, and diagnosticity. Accordingly, the judgmental impact of subjective fluency may depend on (mis)attributions and theory-driven processes (Skurnik, Schwarz, & Win-A few additional distinctions are useful. First, fluency may or may not be

Second, fluency can reflect processes and manipulations occurring at different levels. *Perceptual* fluency reflects the ease of low-level, data-driven operations that deal primarily with surface features of the stimulus, or its perceptual form. As a consequence, perceptual fluency is influenced by

¹This possibility accounts for metacognitive states in which a person has a strong cognitive "experience", but is not aware of the specific content responsible for that experience.

cortex (Demb, Desmond, Wagner, Vaidya, Glover & Gabrieli, 1995).2 areas responsible for processing stimulus meaning, such as the prefrontal for processing stimulus form, such as the sensory cortex (Desimone et al., and simple repetition decrease neural responses in brain areas responsible imaging and single-cell recording studies suggest that perceptual priming mental consequences as well as on the level of underlying neural structures manipulations of semantic processing (Schacter, 1992; Squire, 1992). ceptual representation system, the operation of which is most sensitive to of which is most sensitive to manipulations of form processing, and a convalidated by evidence of a perceptual representation system, the operation lus is "poor" (brief, degraded, ambiguous, etc.). However, this distinction is and support each other, especially when the information about the stimucourse, perceptual and conceptual processes usually operate in concert, 2000; Poldrack & Logan, 1998; Roediger, 1990; Whittlesea, 1993). Of rhyme, and so on (e.g., Kelley & Jacoby; 1998; McGlone & Tofighbakhsh, variables like semantic priming, semantic predictability, context congruity, knowledge structures. Accordingly, conceptual fluency is influenced by ceptual fluency reflects the ease of high-level operations concerned primar-1983; Roediger, 1990; Tulving & Schachter, 1990). On the other hand, conby changing the speed and accuracy of perceptual identification (Jacoby, on. These manipulations have been shown to influence responses primarily variables like simple repetition, form priming, contrast, duration, and so 1995). On the other hand, conceptual priming decreases activation in brain (Desimone, Miller, Chelazzi, & Lueschow, 1995). For example, neuro-These systems can be dissociated on the level of manipulations and judgily with categorization and processing of a stimulus' relation to semantic

For the time being, however, we will subsume both perceptual and conceptual fluency under the summary term fluency. Such a generalization is justified by the fact that perceptual and conceptual manipulations have similar effects on judgments. For example, evaluative judgments as well as judgments of previous occurrence can be influenced by both perceptual priming as well as conceptual priming, as we shall see below. More important, perceptual and conceptual manipulations can influence judgments in the respective "other" domain. For example, simple perceptual manipulations, like repetition or figure-ground contrast, have been shown to influence conceptual judgments of fame or truth (e.g., Jacoby, Kelley, Brown, & Jasechko, 1989; Reber & Schwarz, 1999), much as conceptual manipulations like semantic priming have been shown to influence per-

ceptual judgments of duration and visual clarity (e.g., Masson & Caldwell, 1998). In summary, the available research suggests that conceptual and perceptual manipulations of processing ease tend to result in a similar signal of "fluency."

The Fluency-Affect Link

an irrelevant source. Before we review the available evidence, however, it is are eliminated under conditions that invite the misattribution of affect to affective reactions reflect their disposition toward the stimulus. Consistent useful to ask why fluency may be hedonically marked. Several alternatives with this thesis, the positive effects of high fluency on evaluative judgment dence also suggests that people "by default" assume that their fluency-based not negative evaluations of the stimulus. Furthermore, high fluency elicits pirical evidence suggests that high fluency selectively increases positive, but ronment or the cognitive system. Consistent with these conjectures, the emtive system, whereas low fluency is indicative of negative states of the envihigh fluency is indicative of positive states of the environment or the cognicase because the fluency signal itself is hedonically marked. In general, be processed with high rather than low fluency. We propose that this is the which are not mutually exclusive, deserve consideration. positive affect, as reflected in psychophysiological measures. Empirical evi-As noted earlier, the same stimulus is evaluated more positively when it can

Rhency as a Cue to Familiarity. High fluency may be positive because it is a cue that a stimulus has been encountered before, or is in some way familiar. Such a fluency-familiarity link is supported by empirical findings and computer simulations that identified several differences in the processing dynamics of familiar and novel stimuli. First, familiar stimuli are processed faster than novel stimuli (e.g., Haber & Hershenson, 1965; Jacoby & Dallas, 1981). Second, familiar stimuli elicit less attentional orienting than novel stimuli (Desimone et al., 1995). Third, familiar stimuli result in a faster, sharper, and more coherent network response than novel stimuli (Lewenstein & Nowak, 1989; Norman, O'Reilly, & Huber, 2000). Fourth, familiar stimuli do not generate a global "mismatch" signal (Carpenter & Grossberg, 1995; Metcalfe, 1993). It is also important that all four differences may emerge at early stages of stimulus processing and precede the recognition of specific features. Accordingly, an organism that monitors processing fluency may be able to detect novelty/familiarity even before it can fully de-

²The decrease in neural activity in response to repeated stimuli has several interpretations. Some researchers view it as attenuation of a signal to higher brain systems for allocation of resources to novel stimuli (Desimone et al., 1995). It is also possible that the decrease reflects "sharpening" of the neural response, with "new" stimuli nonspecifically activating more neurons and "old" stimuli selectively activating fewer neurons (Norman, O'Reilly, & Huber, 2000).

The link between fluency, familiarity, and affect does not assume that the process is mediated by a conscious experience of familiarity, but simply that fluency provides a reliable cue to stimulus "oldness."

197

FLUENCY AND EVALUATIONS

code the content of the stimulus (see Lewenstein & Nowak, 1989; Norman et al., 2000; Smith, 2000; Winkielman, Schwarz, & Nowak, in press; for discussions of these mechanisms).

Why, however, would familiarity be associated with positive valence? This connection may be grounded in a biological predisposition for caution in encounters with novel, and thus potentially harmful objects (Zajonc, 1998). Such instinctual "fear of the unknown" has been observed in a variety of species with a range of different stimuli (for a review see Hill, 1978). Moreover, a strong connection between signals of familiarity and positive affect has also been demonstrated by research testing the reverse order of this link—from positive affect to familiarity. For example, subliminal positive primes tend to increase judgments of familiarity for novel stimuli (Phaf, Rotteveel, & Spijksma, 1999), whereas the induction of positive moods increases judgments of truth, presumably via the "positive = familiar = true" connection (Garcia-Marques & Mackie, 2000).

Fluency as a Cue to Prototypicality and Symmetry. A related fluency-valence link is suggested by the observation that prototypical and symmetrical stimuli are associated with faster and less complex processing (Checkosky & Whitlock, 1973; Posner & Keele, 1968; Palmer, 1991). Again, monitoring processing fluency may allow an organism to estimate the likely prototypicality or symmetry of the stimulus at very early processing stages.

Why, however, would prototypicality or symmetry be associated with positive valence? One possible answer is based on the notion that animals (including insects) have a built-in preference for prototypicality (averageness) and symmetry due to the association of these variables with high mate quality (e.g., Thornhill & Gangestad, 1993). In humans, such preferences have been observed in several domains. For example, average and symmetrical faces are reliably preferred over alternatives (e.g., Langlois & Roggman, 1990; Rhodes & Tremewan, 1996), as are symmetrical shapes (Berlyne, 1974). Similarly, studies have observed a preference for prototypical birds, cars, watches, and colors over less prototypical ones (e.g., Halberstadt & Rhodes, 2000; Martindale & Moore, 1988). Moreover, the notion of prototypicality entails familiarity: For a given perceiver, a stimulus is prototypical for its class due to its global similarity to previously encountered stimuli. Hence, familiarity may contribute to prototypicality effects in evaluation, rendering the two difficult to separate.

Fluency as a Cue to Cognitive Progress. Finally, fluency may trigger affective responses because it provides feedback about the ongoing cognitive operations. Specifically, highly fluent (fast, easy, coherent) processing tends to be indicative of progress toward successful recognition and interpretation of the target (Carver & Scheier, 1990; Simon, 1967; Vallacher &

Nowak, 1999). If such progress is experienced as rewarding, it may motivate bringing the cognitive activity to completion. Ramashandran and Hirnstein (1999) draw on this notion in their analysis of Capgrass Syndrome (i.e., a lack of the ability to integrate successive encounters with the same persons into a stable person representation). They suggest that this deficit may be due to limbic system damage that prevents Capgrass patients from experiencing "a warm fuzzy emotional response" to a familiar face. Ramashandran and Hirnstein (1999) proposed that "in the absence of limbic activation—the 'glow' of recognition—there is no incentive for the brain to link successive views of a face, so that the patient treats a single person as several people" (p. 31). It is worth noting that the fluency-as-progress notion suggests that preference for familiarity, symmetry, prototypicality, and many other variables is a by-product of their influence on speed, effort, and coherence of processing.

Summary: Fluency as a Hedonically Marked Signal

The just discussed notions converge on the assumption that the fluency signal is hedonically marked because it says something about a positive or negative state of affairs, either in the world or within the cognitive system. In general, high fluency indicates a positive state of affairs, whereas low fluency indicates a negative state of affairs. Consistent with this hedonic marking thesis, our research shows that fluency triggers genuine affective responses that can be detected with psychophysiological measures. Moreover, the impact of fluency on stimulus evaluation is eliminated when people attribute this affective response to an irrelevant source, suggesting that the affective response is a crucial mediator of the fluency-evaluation link. In the next section, we review this work. We first address the influence of perceptual fluency and subsequently turn to parallel influences of conceptual fluency. Throughout, we contrast the hedonic marking thesis with competing theoretical accounts.

PERCEPTUAL FLUENCY ENHANCES LIKING

Historically, the interest in the fluency-evaluation link was stimulated by research into the mere-exposure effect (Zajonc, 1968; i.e., the observation that repeated exposure to an initially neutral stimulus enhances liking of the stimulus; for review see Bornstein, 1989). Several authors proposed that the mere-exposure effect might be based on changes in perceptual fluency (Bornstein & D'Agostino, 1994; Klinger & Greenwald, 1994; Seamon et al., 1983). This proposal is consistent with the observation that repeated exposure speeds up stimulus recognition and enhances judgments of stimulus

clarity and presentation duration (e.g., Haber & Hershenson, 1965; Jacoby & Dallas, 1981; Witherspoon & Allan, 1985; Whittlesea, Jacoby, & Girard, 1990). If so, any variable that increases perceptual fluency should result in more positive evaluations of the stimulus, even with a single exposure. Our initial studies were designed to test this conjecture.

Perceptual Fluency Facilitates Recognition and Increases Evaluative Judgments

In one of these studies (Reber, Winkielman, & Schwarz, 1998, Study 1), we presented participants with pictures of everyday objects, such as desk, bird, or plane (Snodgrass & Vanderwart, 1980). The quality of the pictures was slightly degraded and their processing fluency was manipulated through a visual priming procedure. Depending on conditions, the target was preceded by a subliminally presented, highly degraded contour of either the target picture or a different picture. We expected that a matching contour would facilitate processing (high fluency), consistent with research showing that subliminal visual primes enhance target's naming accuracy (Bar & Biederman, 1998).

Some participants were asked to indicate how much they liked the target pictures. Other participants were asked to press a key as soon as they could recognize the object in the picture, thus providing us with a measure of recognition speed, an indicator of fluency. The data were consistent with our predictions: Pictures primed by matched contours were recognized faster, indicating higher fluency, and were liked more than pictures preceded by mismatched contours. Post-experimental interviews revealed that participants were unaware of the fluency manipulation, thus eliminating the possibility of strategic responding to pictures preceded by various primes.

Additional studies replicated and extended these findings in several ways. First, we wanted to show that fluency enhances liking even when it is manipulated by means other than visual priming. This is important because the priming procedure requires a previous exposure to a similar stimulus, and thus is subject to interpretational debates on the mechanism by which repetition enhances preferences (Zajonc, 1998). Second, we wanted to show that liking can be increased by manipulations of fluency that do not rely on inhibitory influences. This is important because the matched/mismatched contour procedure may influence liking by either increasing or decreasing the fluency of processing. Third, we wanted to show that fluency could enhance liking without changes in the visual appearance of the stimulus. Again, this is important because the matched/mismatched contour procedure may potentially influence the quality of the visual input. Based on these considerations, we conducted several studies using other manipulations of perceptual fluency.

In one study (Reber et al., 1998, Study 3), we manipulated perceptual fluency through unobtrusive changes in presentation duration, taking advantage of the observation that longer presentation durations facilitate the extraction of information (Mackworth, 1963). As expected, participants evaluated the same stimulus more positively when it was presented for a longer duration. In another study (Reber et al., 1998, Study 2), we manipulated perceptual fluency through different degrees of figure-ground contrast, a variable that has been shown to influence identification speed (Checkosky & Whitlock, 1973). Again, participants liked the same stimulus more when it was presented with higher figure-ground contrast, and hence could be processed more fluently.

In combination, the just discussed studies based on visual priming, presentation duration, and figure-ground contrast consistently show that increases in perceptual fluency result in more positive evaluations of the perceived stimuli. Subsequent studies, to be reviewed further in this chapter, confirmed and extended this conclusion.

Perceptual Fluency Selectively Enhances Positive Responses A Comparison with "Two-Step" Models

Our experiments on perceptual fluency also allowed us to further characterize the nature of the evaluative reactions elicited by processing facilitation, a question that bears on the mechanisms underlying the observed effects. As already noted, our hedonic marking thesis predicts that high fluency is associated with positive valence and hence selectively increases positive responses. This prediction is contrary to the predictions of so called *two-step models*, which hold that fluency is affectively neutral and can lead to increases in positive as well as negative responses, depending on the judgment task.

According to the nonspecific activation model proposed by Mandler and colleagues, the effects of fluency manipulations (e.g., repetition, priming) "are assumed to be content free and merely produce the greater accessibility of the activated representation" (Mandler, Nakamura, & Van Zandt, 1987, p. 646). This increased activation, in turn, leads the person to make more extreme judgments of the target, with the specific outcome depending on the judgment task. Summarizing their position regarding the mere-exposure effect, Mandler and colleagues wrote: "The hypothesis is that the prior exposure generates and activates the stimulus representations, and that such activation may then be related to any judgment about the stimuli that is stimulus relevant" (p. 647). This hypothesis predicts, for example, that increased fluency results in judgments of increased brightness when the question pertains to brightness, but of increased darkness when the question pertains to darkness. Empirically, this is the case (Mandler et al., 1987).

A related two-step model, proposed by Jacoby and colleagues, offers similar predictions. This model suggests that processing facilitation leads to an affectively neutral, "arousal-like" experience of fluency (Jacoby, Kelley, & Dywan, 1989). Based on contextual cues, this neutral fluency experience is then disambiguated and results in a more specific feeling. For example, in the context of a memory task, high fluency is presumably experienced as a feeling of familiarity, whereas in a context of a problem-solving task, the same fluency is presumably experienced as a feeling of confidence. This logic is analogous to Schachter and Singer's (1962) two-factor theory of emotion, which holds that in the presence of proper contextual cues, nonspecific arousal can lead to opposite emotions (see Jacoby et al., 1989; p. 395).

experience may be attributed "to liking or, for that matter, to any variety of stino (1992, p. 106) suggested that the mere-exposure effect results from pending on the specific nature of the judgment task. can result in judgments of increased liking as well as increased disliking, de-Schachter and Singer (1962), converge on the prediction that high fluency models of this type, which explicitly acknowledge their indebtedness to because the goal of the subject is to form a preference" (p. 77). Two-step ing liking judgments, misattributions to liking and disliking are likely Klinger and Greenwald (1994) suggested that "in the context of performstimulus properties that the subject is asked to rate" (p. 107). Similarly, constraints and the available contextual cues." In the process, the fluency explanation" of "the experience of perceptual fluency, given situational participants' attempts to arrive at "the most parsimonious and reasonable models of the mere-exposure effect. For example, Bornstein and D'Agothe above logic, however, psychologists advanced closely related explicit ena and discussed affective judgments rather parenthetically. Embracing (1989) were primarily developed to account for implicit memory phenom-The two-step models presented by Mandler et al. (1987) and Jacoby et al.

Yet, as Reisenzein (1983) noted in a comprehensive review, Schachter and Singer's (1962) prediction that nonspecific arousal can equally result in positive as well as negative emotions has received little empirical support. The same appears to hold true for the above extensions of the two-factor theory, which have received considerable support in the nonevaluative domain and little support in the domain of preferences. Specifically, the impact of fluency on nonevaluative judgments depends, indeed, on the focus introduced by the judgment task, as illustrated by the brightness/darkness findings of Mandler et al. (1987) and the truth/fame/recognition findings of Jacoby and colleagues (Kelley & Jacoby, 1998). Yet, attempts to demonstrate a similar focus-dependency in the evaluative domain have consistently failed. For example, in Mandler et al.'s (1987) studies, as well as a follow-up by Seamon, McKenna, and Binder (1998), increased fluency led to higher judgments of liking, but not to higher judgments of disliking. This pattern contradicts two-

step accounts, but is consistent with the assumption that fluency itself is positively marked. Our own studies reiterate this observation.

In one study (Reber et al., 1998, Study 2), we asked some participants to judge the "prettiness" of the targets, but asked other participants to judge the "ugliness" of the targets. In another study (Reber et al., 1998, Study 3), we asked some participants to make "liking" judgments, but asked others to make "disliking" judgments. In both studies, increased perceptual fluency resulted in higher judgments of "prettiness" and "liking" and lower judgments of "ugliness" and "disliking," as reflected in significant interactions of fluency and judgment focus. In combination, these findings indicate that increased fluency does not facilitate more extreme judgments in general, but selectively increases positive evaluations.

of the fluency manipulation on affective responses. Specifically, particithan low fluency conditions. negative affect did not indicate more negative responses under high rather the predictions of two-step models, however, participants who focused on the stimuli under high rather than low fluency conditions. In contrast to pants who focused on positive affect indicated more positive responses to ner, & Berntson, 1997 for reviews). As expected, we found a selective effect ports in other research (see Cacioppo & Berntson, 1994; Cacioppo, Gardbecause participants have been able to provide such valence-specific reto monitor or report positive responses than negative responses, especially this way because it is hard to argue that it is more "natural" for participants and report only their negative affective reactions. We framed the question affective reactions, while other participants were told to selectively monitor participants were told to selectively monitor and report only their positive varied in fluency, manipulated via a visual priming manipulation. Some (2001, Study 1). In this study, participants were presented with targets that nation cannot account for results of a study by Winkielman and Cacioppo to manipulate judgment focus. Although possible in principle, this explato report it along a disliking/ugliness scale, which would thwart the attempt continuum" (p. 647). That is, participants may always evaluate stimuli in tically, liking is the unmarked and disliking the marked end of the imputed plex judgment, often based on the absence of a liking response. Linguisrepeated exposure did not enhance disliking because "disliking is a comand prettiness. Thus, Mandler et al. (1987) suggested that, in their studies, terms of likeability/prettiness and only subsequently reverse their response ments of disliking or ugliness may be less "natural" than judgments of liking Note, however, that these studies are subject to the objection that judg-

In summary, studies that tested the predictions of two-step models in the evaluative domain, using initially neutral stimuli, failed to support the hypothesis that increased fluency may equally result in more positive as well as more negative evaluations, depending on the focus of the judgment task. In-

stead, the available findings are consistent with the assumption that fluency is positively marked and selectively enhances positive evaluations of the processed stimuli. The next set of studies further supports this conclusion.

Perceptual Fluency Elicits Genuine Affective Responses

Another theoretically important question concerns the nature of the evaluative responses elicited by processing facilitation. According to our hedonic marking thesis, changes in fluency lead to genuine affective responses. If so, increases in fluency should manifest themselves in psychophysiological indicators of affective activation. Demonstrating this is important for several reasons. The evidence of genuine affective responses would indicate that fluency makes "hot" contact with the affective system (Winkielman, Berntson, & Cacioppo, 2001). As such, this observation would argue against the core assumption of two-step models that fluency is associated with evaluation by virtue of "cold", context-dependent inferential processes. Furthermore, psychophysiological measures can provide evidence for the positive hedonic marking of high fluency without relying on self-reports, thus avoiding complexities inherent in interpretation of response scales discussed earlier (Mandler et al., 1987; Schwarz, 1999).

ioppo, Bush, & Tassinary, 1992; Dimberg, Thunberg, & Elmehed 2000). In subtly in valence and do not produce overtly visible facial expressions (Cac-More important, facial EMG responses can be elicited by stimuli that vary activity over the region of the corrugator supercilli ("frowning muscle"). tive responses increase activity over the region of the zygomaticus major the electrical activity of facial muscles (Cacioppo, Petty, Losch, & Kim, technique is based on observations that affective responses are reflected in affective responses to fluency with facial electromyography (EMG). This cilli. Participants were also asked to rate each picture using scales designed eral muscle sites, including the zygomaticus major and corrugator super-Study 1 and through variations in presentation duration in Study 2. While pictures could be processed was manipulated through visual priming in asked to watch pictures of everyday objects. The fluency with which these the Winkielman and Cacioppo (2001) studies, participants were again ("smiling muscle"). On the other hand, negative affective responses increase 1986; Lang, Greenwald, Bradley, & Hamm, 1993). Specifically, positive affecciated with stronger activity over the zygomaticus region (indicative of ture. The results of both studies were very consistent. High fluency was assoticipants gave these ratings several seconds after the presentation of the pic-To avoid a contamination with spontaneous EMG responses, however, parto tap selectively into positive and negative affect, as described previously. participants watched the pictures, the EMG activity was recorded from sev To provide such evidence, Winkielman and Cacioppo (2001) measured

positive affect), but was not associated with the activity of the corrugator region (indicative of negative affect). Furthermore, these differences in activity occurred in the first 3 seconds after the presentation of the stimulus, several seconds before subjects made their overt judgments, indicating a spontaneous affective response to processing fluency.

In combination, the findings of the Winkielman and Cacioppo (2001) studies suggest that manipulations of processing fluency have genuine affective consequences, thus supporting our theoretical assumption that fluency is hedonically marked and triggers the affect system. Furthermore, these findings suggest that the affect generated by processing facilitation is positive, thus providing another argument against the assumption of the two-step models that fluency is equally likely to elicit positive as well as negative responses.

Perceptual Fluency and the Mere-Exposure Effect

Research into the fluency-evaluation link was initially stimulated by debates about the mere-exposure effect (Zajonc, 1968, 1998). More than 30 years of research have shown that repetition reliably enhances liking for an initially neutral stimulus (for review see Bornstein, 1989). As noted earlier, several authors have proposed that the mere-exposure effect may be based on changes in perceptual fluency (Bornstein & D'Agostino, 1994; Jacoby et al., 1989; Seamon et al., 1983). Although our findings are incompatible with the two-factor models that have been stimulated by this assumption, they highlight that any variable that increases fluency of processing will result in more positive evaluations of the stimulus. From this perspective, repetition is just one of the many variables that increase fluency of processing and priming, duration, figure-ground contrast, and probably many other variables, are functionally equivalent.

Further supporting the parallels between effects of stimulus repetition and other manipulations of processing fluency, Monahan, Murphy, and Zajonc (2000) observed that repeated exposure elicits positive affect. In their study, participants were exposed to 25 ideographs under subliminal conditions, and were later asked to report their tonic mood. For some participants, each of the 25 ideographs was different, while for other participants, 5 different ideographs were repeated 5 times each. The results showed that participants subliminally exposed to repeated ideographs reported being in a better mood than participants exposed to 25 different ideographs. Moreover, Harmon-Jones and Allen (2001) observed that repeatedly presented stimuli elicited stronger EMG activity over the zygomaticus region, indicative of positive affect, without changing the activity over the corrugator region. These findings are consistent with the EMG results obtained by Winkielman and Cacioppo (2001), based on different ma-

nipulations of processing fluency. In combination, the Monahan et al. (2000), Harmon-Jones and Allen (2001), and Winkielman and Cacioppo (2001) studies demonstrate that stimulus repetition, as well as other manipulations of processing fluency, can elicit a positive affective response.

Although we suggest that the mere-exposure effect is driven by the impact of stimulus repetition on processing fluency, we agree with Zajonc (1998) that the mere-exposure effect cannot be fully explained by the two-step models discussed earlier (Bornstein & D'Agostino, 1994; Jacoby et al., 1989; Klinger & Greenwald, 1994; Mandler, 1980). Instead, we propose that the positive hedonic marking of the fluency signal is the crucial ingredient, consistent with the accumulating evidence that high fluency elicits positive affect. Furthermore, we suggest that the role of perceptual fluency in the mere-exposure effect is consistent with the notion of "preferences without inferences" (Zajonc, 1980, 2000). After all, affective responses may result from changes in the dynamics of perceptual processing that are generated very early and do not derive from analysis of stimulus features.

CONCEPTUAL FLUENCY ENHANCES LIKING

So far, we have focused on the consequences of perceptual fluency. Accordingly, the studies reviewed here relied on manipulations like visual priming, presentation duration, figure-ground contrast, or stimulus repetition, which are designed to influence low-level stages of processing, concerned with identifying the stimulus' physical identity. As the following studies indicate, parallel effects can also be observed for increases in conceptual fluency. These studies relied on manipulations designed to influence highlevel stages of processing, concerned with identifying the meaning of the stimulus. In addition to extending the fluency-evaluation link from perceptual to conceptual fluency, these studies address theoretical issues related to the relative contributions of perceptual and conceptual fluency, the automaticity of the mediating processes, and the nature of subjective fluency experiences.

Conceptual Fluency Increases Evaluative Judgments

To our knowledge, the first experiment that directly examined the influence of conceptual fluency on evaluative judgments was conducted by Whittlesea (1993, Experiment 5). In his study, the fluency with which target words could be processed was manipulated by embedding them in a predictive or nonpredictive semantic context ("stormy seas tossed the *boat*" vs. "stormy seas tossed the *lamp*"). Words embedded in the predictive context (e.g., boat) were pronounced faster than words embedded in a nonpre-

dictive context (e.g., lamp), indicating higher fluency. More important, when participants were asked how much they like the target words, the semantically predicted words (boat) were rated as more pleasant than the nonpredicted words (lamp). Unfortunately, Whittlesea's study is ambiguous in several respects. First, it is unclear if the preferences for target words were influenced by a facilitation of fluency in the predictive context, an impediment in fluency in the nonpredictive context, or both. Second, it is unclear to what extent participants' preferences actually reflected the fluency with which they processed the target words, rather than their reactions to the (in)congruity of the whole sentence. That is, participants may have found the sentences like "stormy seas tossed the lamp" to be ill-formed or highly unusual, and may have generalized this reaction to the word "lamp." Hence, Whittlesea's (1993) pioneering exploration of conceptual fluency is consistent with the perceptual fluency results reviewed above, but suffers from some ambiguities.

study stimuli may be of different kinds. The stimuli can be unrelated (word pend on changes in perceptual fluency (Roediger et al., 1989). when the item is semantically related to study items than when it is not more likely to erroneously recognize a test item as previously presented "dog", picture "shovel") or they can be semantically related, based either on don, 1989; Weldon, 1993). Specifically, participants are first exposed to the influence of primes on conceptual fluency for targets, and does not depicture "lock"). Research using this paradigm showed that participants are their associative link or membership in a common category (word "key," presented in a different form (e.g., pictures). The relation between test and "study" stimuli (primes) that are presented in one representational form recognition memory (Fazendeiro & Luo, 2000; Roediger, Srinivas, & Welpreviously been used to examine the contribution of conceptual fluency to test the evaluative consequences of conceptual fluency. This paradigm has (Fazendeiro & Luo, 2000). It is worth emphasizing that this effect reflects (e.g., words) and subsequently respond to "test" stimuli (targets) that are To avoid these ambiguities, we used a cross-modal semantic paradigm to

We used two versions of the cross-modal semantic paradigm to examine evaluative consequences of conceptual fluency (Fazendeiro & Winkielman, 2000; Winkielman & Fazendeiro, 2000). In some studies, a prime word immediately preceded each picture target (cross-modal semantic priming) whereas in other studies, a list of prime words was presented first and was followed after a small delay with a list of picture targets (cross-modal semantic memory).

Cross-Modal Semantic Priming. Participants were shown a series of pictures of common objects and animals. Each picture was preceded by a letter string consisting either of a word or a nonword. Participants were kept from

focusing on the word-picture relation by performing two different tasks. First, the participants indicated, as fast as possible, if the letter string was an actual English word. Second, the participants reported their liking for the picture. The letter strings served as the manipulation of conceptual fluency. Specifically, some pictures were preceded by matched words (e.g., word "dog" - picture "dog"), introducing the highest level of fluency. Other pictures were preceded by associatively related words (e.g., word "key" - picture "lock"), introducing a medium level of fluency. Yet other pictures were preceded by an unrelated word (e.g., word "snow" - picture "desk"), introducing the lowest level of fluency. The results showed a robust effect of conceptual fluency on participants' evaluation of the target pictures. As expected, pictures preceded by matching words were liked significantly more than pictures preceded by related words, which, in turn, were liked significantly more than pictures preceded by unrelated words.

Cross-Modal Semantic Memory. We replicated and extended the above findings using a paradigm where participants first studied a list with 32 pictures and words, each presented for 250 ms. After a short delay, participants were presented with another list of items and indicated their liking for them. The items on this test list were of three different types. Some test items were previously presented on the study list in the same modality (e.g., picture "bird" - picture "bird"). Other items were semantically related to items from the study list and appeared in a different modality (e.g., word "snow" - picture "shovel"). Finally, yet other test items had no semantic relation to the study items (e.g., word "snow" - picture "desk").

We conducted several studies using this paradigm. Across these studies, we observed that participants liked pictures that were associatively related to words from the study list significantly more than pictures that had no semantic relationship to words from the study list. Moreover, participants tended to like the new, but "related" pictures as much as the previously presented "old" pictures. This finding suggests that conceptual fluency elicited by a cross-modal semantic associate may increase liking as much as perceptual fluency from previous exposure to the same stimulus in the same modality. This finding is consistent with other research that observed an equal, and occasionally greater, influence of conceptual as compared to perceptual fluency (Poldrack & Logan, 1998; Whittlesea, 1993).

p=10 1 6

The Role of Automatic Processes

ingly, the previously observed effects of fluency on liking judgments should return further in this chapter (see Schwarz, 1990, for a discussion). Accordinformational value of the experience is discounted, an issue to which we ences about the meaning of fluency or conscious attributions of positive afthe target (Higgins, 1998). This process does not require conscious inferfluency elicits a positive affective reaction that is perceived as being about Our studies in the cross-modal semantic memory paradigm have also althat mood effects increase under time pressure (Siemer & Reisenzein, information about the stimulus. This prediction parallels the observation tions, because these limitations interfere with the integration of additional fact, we may expect that fluency effects increase under resource limitabe obtained even when participants' cognitive resources are limited. In fect to the target. Instead, conscious inferences are only involved when the ing the observed influence of fluency. As discussed earlier, we assume that lowed us to address theoretical issues regarding the mechanisms underly-(Schwarz, 1990). 1998), consistent with the predictions of the mood-as-information model

To test this prediction, we asked some participants to hold an 8-digit number in mind while evaluating the test stimuli. As expected, the impact of fluency increased under resource limitations. Specifically, participants preferred "related" pictures more strongly to "unrelated" pictures when they were under cognitive load than when they were not. This finding suggests that reliance on the hedonically marked fluency signal is automatic and does not require extensive inferences (Bargh, 1996).

The Role of Attribution

The earlier observation that reliance on the affective reactions elicited by fluency is a "default" strategy that requires few cognitive resources does not imply, however, that the observed influence is unconditional. If participants are aware that their response to the stimulus may be influenced by external variables, they may discount their response as irrelevant to the judgment at hand, as has been observed for other sources of experiential information (for a review see Schwarz & Clore, 1996). Note, however, that the informational value of the fluency signal may be undermined in two different ways. On the one hand, people may become aware that a variable like exposure duration influences the ease with which the stimulus can be processed. Such awareness may undermine the informational value of the fluency signal, along with the informational value of the affective experience that is part and parcel of the fluency signal (as suggested by the EMG studies; Winkielman & Cacioppo, 2001). On the other hand, people may at-

In this, as in all other studies using the memory paradigm, fluency increased liking only in the "word at study - picture at test" direction. No systematic effects were observed in the "picture at study - word at test" direction. This finding suggests a picture superiority effect—very good memory for information presented in the picture form (Israel & Schachter, 1997). Specifically, because participants remember the study pictures very well, they are less likely to (mis)attribute the fluency to the related words at test (Jacoby & Whitehouse, 1989).

tribute their affective response to an external variable, thus undermining only the informational value of the elicited affect. We addressed both of these possibilities in two studies based on the cross-modal semantic memory paradigm.

In one study, we manipulated participants' attributions by varying the presentation time for study words. For some participants, the study words were presented for 250 ms (short condition); for other participants, the words were presented for 2000 ms (long condition). We expected that participants in the long condition would be more likely to identify the true source of the enhanced fluency and would accordingly discount their fluency-based reaction to test pictures. The logic of this manipulation is based on research that shows that awareness of the priming episode undermines the otherwise observed effects (e.g., Jacoby & Whitehouse, 1989; Lombardi, Higgins, & Bargh, 1987; Strack et al., 1993). The results confirmed our predictions. Participants in the short exposure condition liked the "related" pictures more than "unrelated" pictures. Yet, no difference in liking was obtained in the long exposure condition, presumably reflecting the discounting of fluency-based reactions.

experience itself, that is attributed to the target picture, resulting in enpattern of results as suggesting that processing facilitation may immediately various stimuli no longer judged new pictures as more likeable when they eliminate the effect of processing facilitation on liking. That is, participants ceded by related rather than unrelated words, replicating our previous come to mind still judged pictures as more likeable when they were preabout the various stimuli (i.e. their affective experience). The results were as other participants were told the music might influence how they feel bias how easily stimuli come to mind (i.e. their fluency experience), where-(see Schwarz, Bless, Strack, Klump, & Rittenauer-Schatka, 1991, for details them. The music was an ambiguous new-age piece recorded at half-speed we told participants, before they made their liking judgments, that their retions designed to undermine either the informational value of the affective hanced liking. This interpretation is consistent with the findings reviewed lead to an affective reaction. It is this affective reaction, and not the fluency were preceded by related rather than by unrelated words. We interpret this who were informed that the music might influence their feelings toward findings. In contrast, attributing the affective response to the music dia pants who were informed that the music might influence how easily things not eliminate the effect of processing facilitation on liking. That is, particihighly informative. Specifically, attributing subjective fluency to music did on this manipulation). Some participants were told that the music might actions to the stimuli might be influenced by background music played to response or the informational value of the fluency experience. Specifically, In a second study, we introduced two different misattribution manipula-

previously, which indicate that facilitation of perceptual processing elicits a positive affective experience, as revealed in judgment asymmetries (Reber et al., 1998; Seamon, Luo, & Gallo, 1998), electromyographic findings (Harmon-Jones & Allen, 2001; Winkielman & Cacioppo, 2001), and mood reports (Monahan et al., 2000).

CONCLUSIONS AND BOUNDARY CONDITIONS

This chapter presented theoretical and empirical arguments for a causal influence of processing fluency on evaluations. The reviewed studies demonstrate that perceptual and conceptual manipulations of processing fluency reliably influence evaluative judgments. The findings further indicate that processing fluency elicits positive affect, which can be captured with psychophysiological measures. Finally, the misattribution studies suggest that this positive affect is the crucial link between fluency and positive evaluations: When the informational value of the affective reaction is undermined, fluency effects on preference judgments are no longer obtained. Several variables are likely to moderate the impact of fluency on preference judgments and we conclude this chapter with a discussion of these variables and the identification of likely boundary conditions.

First, human findings and computer simulations suggest that the fluency signal is generated at very early stages of information processing (Curran, 2000; Lewenstein & Nowak, 1989; Norman et al., 2000; Smith, 2000). Accordingly, the fluency-based affective response might be the *first* evaluatively relevant information available. We would therefore expect fluency effects on preference judgments to be strongest under conditions that limit the extraction of additional information, which may compete with the fluency signal in the computation of a judgment. Such conditions include time pressure, limited cognitive capacity and a lack of motivation to process the stimulus in sufficient detail. So far, only the cognitive capacity prediction has been tested and has received clear support, as reviewed above.

Second, the fluency signal may be the most informative input when little other information can be extracted from the stimulus (e.g., because the stimulus is an unknown Chinese ideograph; e.g., Zajonc, 1968) or a neutral geometrical shape with little inherent meaning (e.g., Reber et al., 1998). When the stimuli are more meaningful, the impact of the fluency signal may be attenuated, provided that the conditions allow for the extraction of stimulus meaning. Consistent with these assumptions, exposure frequency, exposure duration and figure-ground contrast have been found to have the strongest influence on preference judgments when the stimuli are novel, neutral, and presented for relatively short durations (e.g., Bornstein & D'Agostino, 1992; Reber & Schwarz, 2001).

Third, by the same token, highly familiar or simple stimuli may initially elicit a positive reaction because they can be processed with high fluency but may seem uninteresting and boring once their features are extracted and attended to (Bornstein, Kale, & Cornell, 1990). The observation that fluency increases liking is therefore not at odds with the observation that people may sometimes prefer novel, complex, and surprising stimuli over simple and familiar ones (Cox & Cox, 1988). We propose, however, that the latter preference emerges at a later stage of processing and is different from, and independent of, the immediate positive affect elicited by fluency at an earlier stage.

Fourth, when fluency derives from incidental variables, like exposure duration, exposure frequency or priming manipulations, awareness of these variables is likely to undermine the perceived informational value of fluency and its accompanying affective response. This is consistent with the misattribution studies reviewed previously, as well as with the observation that mere-exposure effects decrease with increasing awareness of the manipulation (Bornstein & D'Agostino, 1992). Moreover, these findings parallel similar observations with regard to other sources of experiential information (for a review see Schwarz & Clore, 1996).

Fifth, to avoid overgeneralization, it is worth emphasizing that many evaluative judgments (e.g., judgments of morality) require a consideration of stimulus meaning. The degree to which initial fluency-based affective reactions influence such judgments is an open question, which deserves attention in future research.

Sixth, when forming nonevaluative judgments, individuals are likely to ignore the hedonic component of their fluency experience, but still draw on its other aspects. In that case, they need to interpret the implications of their fluency experience for the judgment at hand, as suggested by the two-step models (Jacoby et al., 1989; Mandler et al., 1987). Under these conditions, the impact of fluency depends on the focus of the judgment task and high fluency may, for example, enhance judgments of different conceptual qualities, such as fame or truth, or different perceptual qualities, such as loudness or clarity. However, such focus-of-judgment effects are not observed for evaluations, as discussed earlier.

Seventh, it is possible that the impact of experienced fluency is moderated by the person's processing expectations. Whittlesea and Williams (1998) observed, for example, that participants who initially expected a stimulus to be uninterpretable were more likely to attribute processing fluency to prior exposure than participants who did not expect interpretation difficulties. Hence, the former were more likely than the latter to conclude that they had seen the stimulus before. The role of processing expectations in the fluency-affect link has so far received no attention.

Finally, it is possible that high fluency may lead to more *negative* evaluations under some specific conditions. Although such a reversal of the usu-

ally obtained positive influence has not yet been observed, it is conceivable under two conditions. First, in an environment where, say, familiarity or prototypicality are associated with danger, fluency may become a reliable cue to negativity. A test of this possibility awaits the identification of a suitable environment. Second, and less speculative, such reversals are likely when people are lead to consciously believe that the subjective experience of processing fluency is an indicator of negative value. In this case, their initially automatic positive reaction to high fluency may be overridden by deliberate, theory-driven inference processes that result in a negative judgment. The fact that individuals' "naive" theories about the meaning of subjective experiences can determine which inferences they draw from a feeling is well documented (e.g., Skurnik, Moskowitz, & Johnson, 2000; Winkielman & Schwarz, 2001; see Skurnik, Schwarz, & Winkielman, 2000, for a discussion), but has not yet been tested for the influence of fluency on evaluative judgments.

self. In this sense, processing fluency allows preferences that do not depend moods. Instead, it results from the dynamics of information processing itnecessarily reflect incidental influences that are completely unrelated to sis of the stimulus meaning (in contrast to specific emotions), nor does it generally expect fluency-based affective reactions to exert their strongest the stimulus (such as the weather or an earlier compliment), as is typical for based affect. Most important, fluency-based affect is not based on the analythese parallels should not distract from the unique character of fluencytion (for discussions see Schwarz, 1990; Schwarz & Clore, 1996). However, when the informational value of the affect has not been called into questhus limiting more deliberate information search and integration; and tion is available; when the person's processing capacity or motivation is low, nounced mood effects in evaluative judgment: When little other informainfluence under the conditions that are also known to give rise to proon the affective content of the stimulus proper. As this discussion of moderators and boundary conditions indicates, we

REFERENCES

Anderson, N. H. (1981). Foundations of information integration theory. New York: Academic Press Bar, M., & Biederman, I. (1998). Subliminal visual priming. Psychological Science, 9, 464–469.

Bargh, J. A. (1996). Automaticity in social psychology. In E. T. Higgins & A. W. Kruglanski (Ed.), *Social Psychology: Handbook of Basic Principles* (pp. 169–183). New York: Guilford Press. Bargh, J. A., Chaiken S., Raymond, P., & Hymes, C. (1996). The automatic evaluation effect:

Unconditional automatic attitude activation with a pronunciation task. Journal of Experimen-

tal Social Psychology, 32, 104-128.
Berlyne, D. E. (1974). Studies in the new experimental aesthetics: Steps toward an objective psychology of aesthetic appreciation. Washington, DC: Hemisphere Co.

- Bodenhausen, G. V. (1993). Emotions, arousal, and stereotypic judgments: A heuristic model of affect and stereotyping. In D. M. Mackie & D. L. Hamilton (Eds.), *Affect, cognition, and stereotyping* (pp. 13–37). San Diego, CA: Academic Press.
- Bornstein, R. F. (1989). Exposure and affect: Overview and meta-analysis of research, 1968-1987. *Psychological Bulletin*, 106, 265–289.
- Bornstein, R. F., & D'Agostino, P. R. (1992). Stimulus recognition and the mere exposure effect. *Journal of Personality and Social Psychology*, 63, 545–552.
- Bornstein, R. F., & D'Agostino, P. R. (1994). The attribution and discounting of perceputal fluency: Preliminary tests of a perceputal fluency/attributional model of the mere exposure effect. *Social Cognition*, 12, 103–128.
- Bornstein, R. F., Kale, A. R., & Cornell, K. R. (1990). Boredom as a limiting condition on the mere exposure effect. *Journal of Personality and Social Psychology*, 58, 791–800.
- Bower, G. H. (1981). Mood and memory. American Psychologist, 36, 129-148.
- Cacioppo, J. T., & Berntson, G. G. (1994). Relationship between attitudes and evaluative space: A critical review, with emphasis on the separability of positive and negative substrates. *Psychological Bulletin*, 115, 401–423.
- Cacioppo, J. T., Bush, L. K., & Tassinary, L. G. (1992). Microexpressive facial actions as a function of affective stimuli: Replication and extension. Personality and Social Psychology Bulletin, 18, 515–526.
- Cacioppo, J. T., Gardner, W., & Berntson, G. G. (1997). Beyond bipolar conceptualizations and measures: The case of attitudes and evaluative space. *Personality and Social Psychology Review*, 1, 3–25.
- Cacioppo, J. T., Petty, R. E., Losch, M. E., & Kim, H. S. (1986). Electromyographic activity over facial muscle regions can differentiate the valence and intensity of affective reactions. *Journal of Personality and Social Psychology*, 50, 260–268.
- Carpenter, G. A., & Grossberg, S. (1995). Adaptive resonance theory (ART). In M. Arbib (Ed.), The handbook of brain theory and neural networks (pp. 79–82). Cambridge, MA: MIT press.
- Carver, C. S., & Scheier, M. F. (1990). Origins and functions of positive and negative affect: A control-process view. Psychological Review, 97, 19–35.
- Checkosky, S. F., & Whitlock, D. (1973). The effects of pattern goodness on recognition time in a memory search task. *Journal of Experimental Psychology*, 100, 341–348.
- Clore, G. L. (1992). Cognitive phenomenology: Feelings and the construction of judgment. In L. L. Martin & A. Tesser (Eds.), *The construction of social judgments* (pp. 138–164). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Cox, D. S., & Cox, A. D. (1988). What does familiarity breed? Complexity as a moderator of repetition effects in advertisement evaluation. *Journal of Consumer Research*, 15, 111–116. Curran, T. (2000). Brain potentials of recollection and familiarity. *Memory and Cognition*, 28,
- 923–938.

 Davidson, R. J. (1993). Cerebral asymmetry and emotion: Conceptual and methodological co-
- nundrums. *Cognition & Emotion*, 7, 115–138.

 Demb, J. B., Desmond, J. E., Wagner, A. D., Vaidya, C. J., Glover, G. H., & Gabrieli, J. D. E. (1995). Semantic encoding and retrieval in left inferior prefrontal cortex: A functional MRI study of task difficulty and process specificity. *Journal of Neuroscience*, 15, 5870–5878.
- Desimone, R., Miller, E. K., Chelazzi, L., & Lueschow, A. (1995). Multiple memory systems in the visual cortex. In M. S. Gazzaniga (Ed.), *The cognitive neurosciences* (pp. 475–490). Cambridge, MA: MIT Press.
- Dimberg, U., Thunberg, M., & Elmehed, K. (2000). Unconscious facial reactions to emotional facial expressions. *Psychological Science*, 11, 86–89.

FLUENCY AND EVALUATIONS

213

- Fazendeiro, T. A., & Luo, C. R. (2000). False memory for paired-associates: Evidence for the implicit activation-fluency misattribution hypothesis. Manuscript submitted for publication.
- Fazendeiro, T. A., & Winkielman, P. (2000). Effects of conceptual fluency on affective judgments
- Fernandez-Duque, D., Baird, J. A., & Posner, M. I. (2000). Executive attention and
- metacognitive regulation. Consciousness and Cognition, 9, 288–307. Frijda, N. H. (1988). The laws of emotions. American Psychologist, 43, 349–358.
- Garcia-Marques, T., & Mackie, D. M. (2000). The positive feeling of familiarity: Mood as an information processing regulation mechanism. In H. Bless & J. Forgas (Eds.), The message within: The role of subjective experience in social cognition and behavior (pp. 240–261). Philadelphia: Psychology Press.
- Haber, R. N., & Hershenson, M. (1965). The effects of repeated brief exposures on growth of a percept. *Journal of Experimental Psychology*, 69, 40–46.
- Halberstadt, J., & Rhodes, G. (2000). The attractiveness of nonface averages: Implications for an evolutionary explanation of the attractiveness of average faces. *Psychological Science*, 4, 985, 980
- Harmon-Jones, E., & Allen, J. J. B. (2001). The role of affect in the mere exposure effect: Evidence from psychophysiological and individual differences approaches. *Personality and Social Psychology Bulletin*, 27, 889–898.
- Higgins, E. T. (1996). Knowledge activation: Accessibility, applicability, and salience. In E. T. Higgins & A. Kruglanski (Eds.), Social psychology: Handbook of basic principles (pp. 133–168).
 New York: Guilford Press.
- Higgins, E. T. (1998). The aboutness principle: A pervasive influence on human inference. Social Cognition, 16, 173–198.
- Hill, W. F. (1978). Effects of mere exposure on preferences in nonhuman animals. Psychological Bulletin, 85, 117–1198.
- Israel, L., & Schacter, D. L. (1997). Pictorial encoding reduces false recognition of semantic associates. *Psychonomic Bulletin & Remew, 4*, 577–581.
- Jacoby, L. L. (1983). Perceptual enhancement: Persistent effects of an experience. Journal of Experimental Psychology: Learning, Memory, and Cognition, 9, 21-38.
- Jacoby, L. L., & Dallas, M. (1981). On the relationship between autobiographical memory and perceptual learning. *Journal of Experimental Psychology: General*, 110, 306–340.
- Jacoby, L. L., Kelley, C. M., Brown, J., & Jasechko, J. (1989). Becoming famous overnight: Limits on the ability to avoid unconscious influences of the past. *Journal of Personality and Social Psychology*, 56, 326–338.
- Jacoby, L. L., Kelley, C. M., & Dywan, J. (1989). Memory attributions. In H. L. Roediger & F. I. M. Craik (Eds.), Varieties of memory and consciousness: Essays in honour of Endel Tulving (pp. 391–422). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Jacoby, L. L., & Whitehouse, K. (1989). An illusion of memory: False recognition influenced by unconscious perception. Journal of Experimental Psychology: General, 118, 126–135.
- Kelley, C. M., & Jacoby, L. L. (1998). Subjective reports and process dissociation: Fluency, knowing, and feeling. *Acta Psychologica*, 98, 127–140.
- Klinger, M. R., & Greenwald, A. G. (1994). Preferences need no inferences? The cognitive basis of unconscious mere exposure effects. In P. M. Niedenthal & S. Kitayama (Eds.), *The heart's ope* (pp. 67–85). San Diego: Academic Press.
- Koriat, A. (2000). The feeling of knowing: Some metatheoretical implications for conscious ness and control. Consciousness and Cognition, 9, 149–171.
- Lang, P. J., Greenwald M. K., Bradley M. M., & Hamm A. O. (1993). Looking at pictures: Evaluative, facial, visceral, and behavioral responses. *Psychophysiology*, 30, 261–273.
- Langlois, J. H., & Roggman, L. A. (1990). Attractive faces are only average. Psychological Science, I, 115–121.
- LeDoux, J. E. (1996). The Emotional B

- Lombardi, W. J., Higgins, E. T., & Bargh, J. A. (1987). The role of consciousness in priming effects on categorization: Assimilation versus contrast as a function of awareness of the priming task. *Personality and Social Psychology Bulletin*, 13, 411–429.
- Mackworth, J. F. (1963). The duration of the visual image. Canadian Journal of Psychology, 17. 62–81.
- Mandler, G. (1980). Recognizing: The judgment of previous occurrence. Psychological Review, 87, 252–271.
- Mandler, G., Nakamura, Y., & Van Zandt, B. J. (1987). Nonspecific effects of exposure on stimuli that cannot be recognized. Journal of Experimental Psychology: Learning. Memory, and Cognition. 13, 646–648.
- Martindale, C., & Moore, K. (1988). Priming, prototypicality, and preference. Journal of Experimental Psychology: Human Perception and Performance, 14, 661–670.
- Masson, M. E. J., & Caldwell, J. I. (1998). Conceptually driven encoding episodes create perceptual misattributions. *Ada Psychologica*, 98, 183–210.
- Mazzoni, G., & Nelson, T. O. (1998). Metacognition and Cognitive Neuropsychology: Monitoring and Control Processes. Mahwah, NJ: Lawrence Erlbaum Associates.
- McGlone, M. S., & Tofighbakhsh, J. (2000). Birds of a feather flock conjointly (?) Rhyme as reason in aphorisms. *Psychological Science*, 11, 424–428.
- Metcalfe, J. (1993). Novelty monitoring, metacognition, and control in a composite holographic associative recall model: Implications for Korsakoff Ammesia. *Psychological Review*, 100, 3–22.
- Metcalfe, J., & Shimamura, A. P. (1994). Metacognition: Knowing about knowing. Cambridge, MA: MIT Press.
- Monahan, J. L., Murphy, S. T., & Zajonc, R. B. (2000). Subliminal mere exposure: Specific general, and diffuse effects. *Psychological Science*, 6, 462–466.
- Niedenthal, P. M., & Kitayama, S. (1994). The heart's eye. Emotional influences in perception and attention. San Diego, CA: Academic Press.
- Norman, K. A., O'Reilly, R. C., & Huber, D. E. (2000). Modeling hippocampal and neocortical contributions to recognition memory. Poster presented at the Cognitive Neuroscience Society Meeting, San Francisco, CA.
- Ortony, A., Clore, G. L., & Collins, A. (1988). The cognitive structure of emotions. New York: Cambridge University Press.
- Palmer, S. E. (1991). Goodness, gestalt, groups, and Garner: Local symmetry subgroups as a theory of figural goodness. In J. R. Pomerantz & G. R. Lockhead (Eds.), *Perception of Structure*. Washington, DC: APA.
- Phaf, R. H., Rotteveel, M., & Spijksma, F. P. (1999). False reagnition and affective priming. Manuscript submitted for publication.

 Poldrack, R. A., & Logan, G. D. (1998). What is the mechanism for fluency in successive recog-
- nition? Acta Psychologica, 98, 167–181.

 Posner, M. I., & Keele, S. W. (1968). On the genesis of abstract ideas. Journal of Experimental Psychologica.
- chology, 77, 353–363.

 Ramachandran, V. S., & Hirstein, W. (1999). The science of art: A neurological theory of aesthetic consistence. Studies 6, 15, 51
- thetic experience. *Journal of Consciousness Studies*, 6, 15–51.

 Reber, R., & Schwarz, N. (1999). Effects of perceptual fluency on judgments of truth. *Consciousness and Cognition*, 8, 338–342.
- Reber, R., & Schwarz, N. (2001). The hot fringes of consciousness: Perceptual fluency and affect. Consciousness & Emotion, 2, 223–231.
- Reber, R., Winkielman P., & Schwarz, N. (1998). Effects of perceptual fluency on affective judgments. *Psychological Science*, *9*, 45–48.

FLUENCY AND EVALUATIONS

215

- Reisenzein, R. (1983). The Schachter theory of emotion: Two decades later. *Psychological Bullitin*, 94, 239–264.
- Rhodes, G., & Tremewan, T. (1996). Averageness, exaggeration, and facial attractiveness. Psychological Science, 7, 105–110.
- Roediger, H. L. (1990). Implicit memory: Retention without remembering. American Psychologist, 45, 1043–1056.
- Roediger, H. L., Srinivas, K., & Weldon, M. S. (1989). Dissociations between implicit measures of retention. In S. Lewandowsky, J. C. Dunn, & K. Kirsner (Eds.). *Implicit Memory: Theoretical Issues* (pp. 67–84). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Schachter, S. E., & Singer, J. (1962). Cognitive, social, and physiological determinants of emotional state. *Psychological Review*, 69, 379–399.
- Schacter, D. L. (1992). Understanding implicit memory: A cognitive neuroscience approach. American Psychologist, 47, 559–569.
- Schwarz, N. (1990). Feeling as information: Informational and motivational functions of affective states. In E. T. Higgins & R. M. Sorrentino (Eds.), Handbook of motivation and cognition (pp. 527–561). New York: Guilford Press.
- Schwarz, N. (1998). Accessible content and accessibility experiences: The interplay of declarative and experiential information in judgment. *Personality and Social Psychology Review*, 2, 87–99.
- Schwarz, N. (1999). Self-reports: How the questions shape the answers. American Psychologist, 54, 93–105.
- Schwarz, N., & Bless, H. (1992). Constructing reality and its alternatives: Assimilation and contrast effect in social judgments. In L. L. Martin & A. Tesser (Eds.), *The construction of social judgments* (pp. 217–245). Hillsdale, NJ: Lawrence Erlbaum Associates.
- Schwarz, N., Bless, H., Strack, F., Klumpp, G., Rittenauer-Schatka, H., & Simons, A. (1991). Ease of retrieval as information: Another look at the availability heuristic. *Journal of Personality and Social Psychology*, 61, 195–202.
- Schwarz, N., & Clore, G. L. (1983). Mood, misattribution, and judgments of well-being: Informative and directive functions of affective states. *Journal of Personality and Social Psychology*, 45, 513–523.
- Schwarz, N., & Clore, G. L. (1996). Feelings and phenomenal experiences. In E. T. Higgins & A. W. Kruglanski (Eds.), Social Psychology: Handbook of Basic Principles. New York: The Guilford Press.
- Seamon, J. G., Brody, N., & Kauff, D. M. (1983). Affective discrimination of stimuli that are not recognized: Effects of shadowing, masking, and cerebral laterality. *Journal of Experimental Psychology: Learning, Memory, and Cognition*, 9, 544–555.
- Seamon, J. G., Luo, C. R., & Gallo, D. A. (1998). Creating false memories of words with or without recognition of list items: Evidence for nonconscious processes. *Psychological Science*, 9, 20–26.
- Seamon, J. G., McKenna, P. A., & Binder, N. (1998). The mere exposure effect is differentially sensitive to different judgment tasks. *Consciousness and Cognition*, 7, 85–102.
- Siemer, M., & Reisenzein, R. (1998). Effects of mood on evaluative judgment: Influence of reduced processing capacity and mood salience. *Cognition and Emotion*, 12, 783–805.
- Simon, H. A. (1967). Motivational and emotional controls of cognition. Psychological Review 74, 29–39.
 Shurnik 1. Moskowitz G. & Johnson M. K. (2000). The illusions of truth and falseness: Irra-
- Skurnik, I., Moskowitz, G., & Johnson. M. K. (2000). The illusions of truth and falseness: Irrational biases or metacognitive inferences? Manuscript submitted for publication.
- Skurnik, I., Schwarz, N., & Winkielman, P. (2000). Drawing inferences from feelings: The role of naive beliefs. In H. Bless & J. P. Forgas (Eds.), The message within: The role of subjective experience in social cognition and behavior (pp. 162–175). Philadelphia: Psychology Press.
- Smith, C. A., & Ellsworth, P. C. (1985). Patterns of cognitive appraisal in emotion. *Journal of Personality and Social Psychology*, 48, 813–838.

WINKIELMAN ET AL.

Smith, E. R. (2000). Subjective experience of familiarity: Functional basis in connectionist memory. In H. Bless & J. P. Forgas (Eds.), The message within: The role of subjective experience in social cognition and behavior (pp. 109-124). Philadelphia: Psychology Press.

- chology: Human Learning and Memory, 6, 174-215. agreement, intage agreement, familiarity, and visual complexity. Journal of Experimental Psy-
- Squire, L. R. (1992). Memory and the hippocampus: A synthesis from findings with rats, monkeys, and humans. Psychological Review, 99, 195-231.
- Stepper, S., & Strack, F. (1993). Proprioceptive determinants of emotional and nonemotional feelings. Journal of Personality and Social Psychology, 64, 211-220.
- Strack, F., Martin, L. L., & Stepper, S. (1988). Inhibiting and facilitating condition of facial expressions: A non-obtrusive test of the facial feedback hypothesis. Journal of Personality and
- Strack, F., Schwarz, N., Bless, H., Kübler, A., & Wänke, M. (1993). Awareness of the influence as a determinant of assimilation versus contrast. European Journal of Social Psychology, 23,
- Thornhill, R., & Gangestad, S. W. (1993). Human facial beauty: Averageness, symmetry, and parasite resistance. Human Nature, 4, 237-269
- Vallacher, R. R., & Nowak, A. (1999). The dynamics of self-regulation. In R. S. Wyer Jr. (Ed.), Tulving, E., & Schacter, D. L. (1990). Priming and human memory. Science, 247, 301-306.
- Perspectives on behavioral self-regulation (pp. 241-259). Mahwah: Lawrence Erlbaum Associ-
- Weldon, M. S. (1993). The time course of perceptual and conceptual contributions to word fragment completion priming. Journal of Experimental Psychology: Learning, Memory, and Cog nition, 19, 1010-1026.
- Whittlesea, B. W. A. (1993). Illusions of familiarity. Journal of Experimental Psychology: Learning, Memory, and Cognition, 19, 1235-1253.
- Whittlesea, B. W. A., Jacoby L. L., & Girard, K. (1990). Illusions of immediate memory: Evidence of an attributional basis for feelings of familiarity and perceptual quality. Journal of Memory and Language, 29, 716-732.
- Whittlesea, B. W. A., & Williams, L. D. (1998). Why do strangers feel familiar, but friends don't? A discrepancy-attribution account of feelings of familiarity. Acta Psychologica, 98
- Winkielman P., Berntson, G. G., & Cacioppo, J. T. (2001). The psychophysiological perspecogy: Intraindividual processes (pp. 89-108). Oxford: Blackwell. tive on the social mind. In A. Tesser & N. Schwarz (Eds.), Blackwell handbook of social psychol-
- Winkielman, P., & Cacioppo, J. T. (2001). Mind at ease puts a smile on the face: Personality and Social Psychology, 81, 989-1000. Psychophysiological evidence that processing facilitation increases positive affect. *Journal of*
- Winkielman, P., & Fazendeiro, T. A. (2000). The role of conceptual fluency in preference and meniory. Manuscript in preparation.
- Winkielman, P., & Schwarz, N. (2001). How pleasant was your childhood? Beliefs about memory shape inferences from experienced difficulty of recall. Psychological Science, 12, 176-179.
- Winkielman, P., Schwarz, N., & Nowak, A. (in press). Affect and processing dynamics: Perceptual fluency enhances evaluations. In S. Moore & M. Oaksford (Eds.), Emotional Cognition: From brain to behavior. Amsterdam: John Benjamins.
- Winkielman, P., Zajonc, R. B., & Schwarz, N. (1997). Subliminal affective priming resists attributional interventions. Cognition and Emotion, 11, 433-465.
- Witherspoon, D., & Allan, L. G. (1985). The effects of a prior presentation on temporal judgments in a perceptual identification task. Memory and Cognition, 13, 103-111
- Zajonc, R. B. (1968). Attitudinal effects of mere exposure. Journal of Personality and Social Psychology: Monograph Supplement, 9, 1-27.

8. FLUENCY AND EVALUATIONS

- Zajonc, R. B. (1980). Feeling and thinking: Preferences need no inferences. American Psychologist, 35, 117-123.
- Zajonc, R. B. (1998). Emotions. In D. T. Gilbert, S. T. Fiske, & G. Lindzey (Eds.), The Handbook of Social Psychology (pp. 591-632). Boston, MA: McGraw-Hill
- Zajonc, R. B. (2000). Feeling and thinking: Closing the debate over the independence of af Cambridge, UK: Cambridge University Press. fect. In J. P. Forgas (Ed.), Feeling and thinking: The role of affect in social cognition (pp. 31-58)
- Zajonc, R. B., Murphy, S. T., & Inglehart, M. (1989). Feeling and facial efference: Implications of the vascular theory of emotion. Psychological Review, 96, 395-416